



| Fall 1 | Credits | Success Marker |
|------------------------------------|-----------|----------------|
| COMS 100 | 3 | |
| ENGL 103 | 3 | |
| GE: Creativity & Critical Analysis | 3 | |
| SOCI 170 or 250 | 3 | |
| PHHE 295 | 3 | |
| UNIV 101 | 1 | |
| Total hours | 16 | |
| Notes/Comments: | | |

| Spring 1 | Credits | Success Marker |
|--------------------------------|--------------|----------------|
| BIOS 103 | 3 | |
| BIOS 105 | 1 | |
| ENGL 203 | 3 | |
| Elective | 3 | |
| MATH 110*, 210*, 211*, or 229* | 3-4 | *C or better |
| Elective | 3 | |
| Total hours | 16-17 | |
| Notes/Comments: | | |

| Fall 2 | Credits | Success Marker |
|------------------------------------|--------------|----------------|
| PHHE 315 | 3 | |
| STAT 100*, UBUS 223*, or STAT 200* | 3-4 | *C or better |
| ENGL 350 | 3 | |
| Minor Elective | 3 | |
| Elective | 3 | |
| Total hours | 15-16 | |
| Notes/Comments: | | |

| Spring 2 | Credits | Success Marker |
|------------------------|-----------|----------------|
| CHEM 110 | 3 | |
| CHEM 111 | 1 | |
| PHHE 325 | 3 | |
| Minor Elective | 3 | |
| Elective | 3 | |
| Elective | 3 | |
| Total hours | 16 | |
| Notes/Comments: | | |

| Fall 3 | Credits | Success Marker |
|---|--------------|----------------|
| PHHE 461 | 3 | |
| BIOS 109 or 357 | 3-5 | |
| PHHE 431, 433, 435, 437, 439, 441, 451, 453, or 463 | 3 | |
| Minor Elective | 3 | |
| Minor Elective | 3 | |
| Total hours | 15-17 | |
| Notes/Comments: | | |

| Spring 3 | Credits | Success Marker |
|--|-----------|----------------|
| PHHE 467 | 3 | |
| BIOS 213 | 3 | |
| PHHE 487 | 1 | *C or better |
| Minor Elective | 3 | |
| Minor Elective | 3 | |
| GERO 365, HDFS 280, PHHE 410 or PSYC 225 | 3 | |
| Total hours | 16 | |
| Notes/Comments: | | |

| Fall 4 | Credits | Success Marker |
|---|-----------|--|
| PHHE 455 | 3 | * Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December) |
| PHHE 469 | 3 | |
| Minor and/or Electives | 6 | |
| PHHE 351 | 3 | |
| Total hours | 15 | |
| Notes/Comments: Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December) | | |

| Spring 4 | Credits | Success Marker |
|---|-----------|--|
| PHHE 489 | 6 | * Meet all degree requirements based on courses in progress. |
| Minor or Elective | 3 | |
| PHHE 431, 433, 435, 437, 439, 441, 451, 453, or 463 | 3 | |
| Total hours | 12 | |
| Notes/Comments: | | |

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.